How to register for the conference

Registration is open to any qualified worker in a discipline relevant to prevention, including all European and international researchers, professionals, practitioners, policy makers and students.

In order to register for the conference, you must:

- 1) arrange payment of the conference fees. Details on how to make the payment are available on the website (www.euspr.org).
- 2) complete and submit the registration form online (www.euspr.org).

Conference fees

- a) EUSPR full fee-paying Members € 75
- b) Non-members € 100

Polish colleagues may pay in Złoty.

Please note that fees will increase in the middle of November. Payment at the conference will be subject to a further administrative fee.

If you are a student with an accredited University or other Institution, please contact us through the EUSPR website (www.euspr.org) for details of student fees.

Conference Venue

Aula Nowodworskiego Medical College (Collegium Medicum), Jagiellonian University (Uniwersytet Jagielloński) Świętej Anny 12, Kraków, Poland

http://www.cm-uj.krakow.pl/indexen.php

Getting to the Collegium Medicum

Travel advice, directions and a map are available on the website (www.euspr.org).

Accommodation

A selection of hotels in Krakow are available on the website (www.euspr.org).



European Society for Prevention Research

3rd International Conference and Members' Meeting

Krakow, Poland December 6-7, 2012

Common risk and protective factors, and the prevention of multiple risk behaviours

This conference is proceeding under the patronage of the Mayor of the city of Kraków, Jacek Majchrowski





Several health related behaviours share common risk factors, and comprehensive programmes could be effective by addressing them together. Health services have tended to overlook the potential for prevention to intervene between the emergence of problems or vulnerabilities early in life and manifestations later in life, for example, violence and aggression, criminality, risky sexual behaviour, obesity, mental health illness and substance use related problems.

This year's EUSPR conference focuses on the identification of common factors implicated in several risk behaviours, and on the beneficial effects that prevention programmes or policies can have on multiple outcomes.

In a time where European prevention funding is being reduced, or is increasingly being merged into other more general health and wellbeing streams, the conference aims to highlight the importance of prevention work and promote research on interventions with multiple behavioural and mental health outcomes.

The objective of the conference is to allow the drafting of a road-map for future international collaborative research, and to provide guidance to practitioners and policy makers about viable strategies at the Public Health level.

6 & 7 December 2012

Registration on Day 1 is from 8.30, with the first session starting at 9.30. This day will end at approximately 18.00. Day 2 will start at 9.30 and end at 16.30.

Over the two days, the conference programme will allow delegates to take part in a variety of sessions and social events, including:

Plenary Sessions

Plenary Session 1 - Multiple risk and protective factors: theories and impact

- i) Resilience Prof Marc Zimmerman, University of Michigan (USA)
- ii) Methods of quantifying change in multiple risk factor interventions **Prof Judith Prochaska, Stanford University (USA)**

Plenary Session 2 - Methods

- i) Impulsivity and other personality traits as shared vulnerability factors for multiple problem outcomes **Dr Patricia Conrod**, **Université de Montréal (Ca)**
- ii) Common risk factors for poor diet, physical inactivity, alcohol use, etc. tbc

Plenary Session 3 - Moderated debate

Evidence based prevention and health promotion: is there room for integration? Featuring contributions from Prof. Czeslaw Czabala, Prof Geir Arild Espnes, Prof Rosaria Galanti and others.

Plenary Session 4

i) Evaluation of effectiveness of complex interventions - **Prof Fabrizio Faggiano**, **Avogadro University (IT)**

Parallel Sessions

Parallel Session - Guided poster session

This is a structured poster session. All poster presenters will be available to talk about their work as per a traditional poster session, but 3-4 will be selected in advance to talk to all delegates about their work in more detail.

Parallel Sessions - How effective interventions are developed and work across different outcome domains

A number of parallel sessions will present interventions addressing multiple risk factors that have been empirically tested for effectiveness, focusing on their theoretical models and the evidence supporting the anticipated chain of their multiple effects (mediation analyses or similar).

This year's special event: Poster Competition

Winners of the poster competition will be invited to give a 5 minute presentation on their work, followed by a commentary and questions.

Social activities

There will be coffee breaks and lunch provided throughout the two days.

On Day 1, the first coffee break is extended to allow delegates time, if they so wish, to view Krakow's famous Nativity Competition, which is being held near to the conference venue.

Also on Day 1, there will be a social dinner. Details will follow in due course (please note that the conference fee does not include the dinner).

EUSPR Members' Meeting

All EUSPR Members are invited to attend the EUSPR Members' Meeting on the morning of Day 2, 8.30 – 9.30 (www.euspr.org).

Please check the website (<u>www.euspr.org</u>) for further conference details and timings

The conference is kindly sponsored by the Polish State Agency for the Prevention of Alcohol-Related Problems (PARPA), the Krakow Municipal Centre for Prevention of Addictions, and Europe against Drugs (EURAD).





