Crisis Intervention in Recreational Settings.

Data From Kosmicare 2010 Process Evaluation Results.

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Introduction

General Framework and need for intervention

- Increased overall PAS use; decrease in problematic use (IDT/Balsa,
- Changing nature of PAS use trends and poly-drug use (normalized conducts; recreationnal settings) (EMCDDA, 2009, 2006; Griffiths et al, 1997; Parker et al, 2002; Parker et al, 1998).
- Intervention is yet to adjust to this changing scenario.
- Personal crisis can develop and be enhanced by PAS effects because of number of factors in recreational settings (Puente, 2009; Ventura, 2008).
- Potential risk between PAS use and mental health problems addressable by crisis intervention (Grof, 1994).
- Favorable legal context of Portuguese decriminalization law.
- No evaluation of crisis intervention project Kosmicare at Boom Festival up to the present.

2. Program Goals

- Reduce harm associated with use of PAS.
- Share information (PAS, potential effects, benefits and risks).
- Implement health promotion intervention; diminish risk of mental illness associated w/ the use of PAS, through crisis intervention.
- Transform unpleasant psychedelic (crisis) experience in constructive experience offering a safe and protective environment where processing and integration can unfold.

Research Goals

- Describe Kosmicare intervention process; contribute to evidencebased intervention in crisis related to PAS in recreational settings.
- Monitor Kosmicare implementation at Boom Festival.
- Evaluate intervention (process and outcome; quantitative and qualitative). Specifically – Project Implementation; Team Satisfaction; Targets Satisfaction.

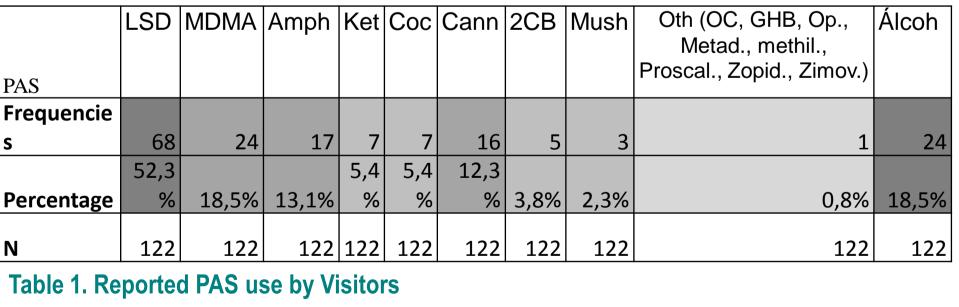
III. Method

I. Sample

KOSMICARE TEAM (N=36)	51% previous experience at the Festival 67% no previous experience at Kosmicare Team Multilingual; Multiskilled
VISITORS (N=122)	Ranging from 18-40 Y.O.A. (15% 25 Y.O.A. est.) n=82 male 68% first time at Boom Festival 42% European Countries (Portugal, France, UK, etc.)

IV. Results

Where expected target groups covered by intervention?



Nº PAS **FREQ** 9,20% 12 0 43,80% 30 23,10% 4,60% 3 6,20% 1,50% 0,80% N= 116

Table 2. Nr PAS reported per Visitor

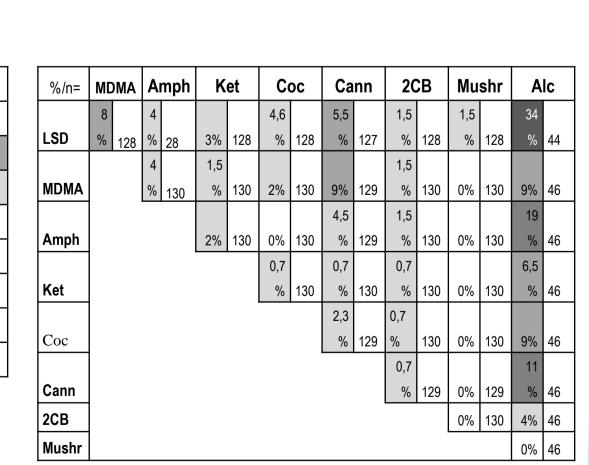
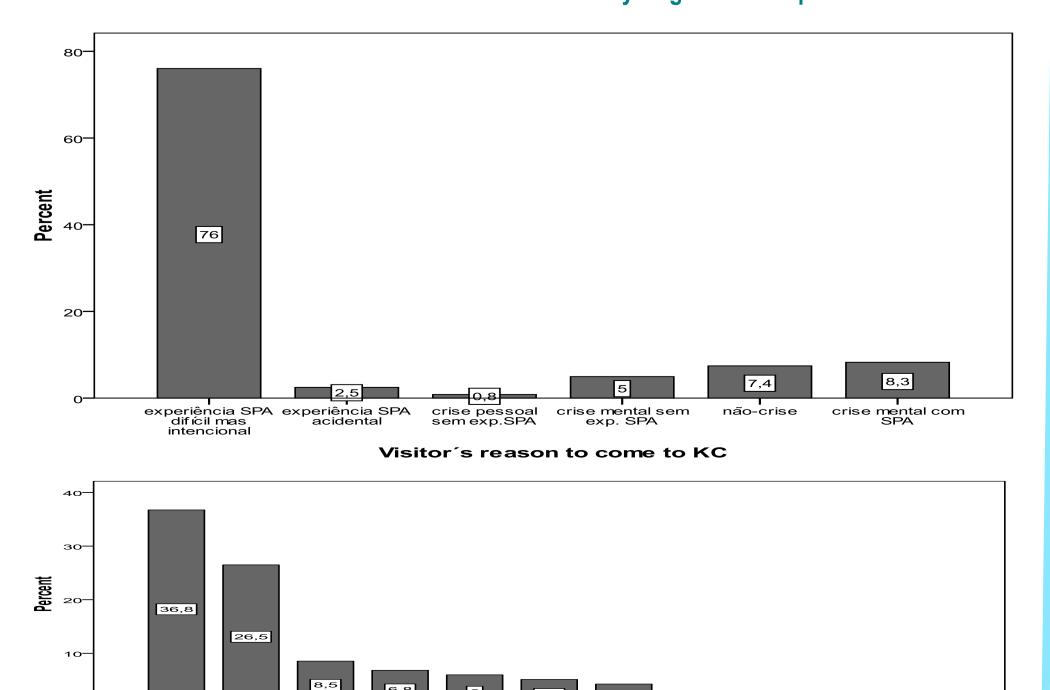


Table 3. Polydrug uses – frequent combinations



Program Structure

kosmicare

Prevention/Risk Minimazation CHECK-In/

Erowid/USA

APDES/Porto/Portugal

information; outreach ✓ Information; outreach;

✓TLC Pill-Testing;

✓ Health care; information; IDT,I.P./Lisbon/Portugal consultancy

consultancy









HR (Harm Reduction)

KC Dome

Secretaries (3)

Sitter (31)

✓ Crisis Intervention in PAS use (Psychedelic Psychotherapy; Crisis Intervention Models; Harm Reduction Principles); Siting; Facilitation.

Pilot (1) Co-Pilot (2)

Team Leader (4)

Homeopathy)

Data Collection & Instruments

- Mixed Methods Approach
- SWOT Analysis
- Open and closed items
- Semi-inductive Content Analysis/Thematic
- Qualitative Analysis Research Software Nvivo8



Intervention Intervention Form (by sitter) Shift Report (by Team Leader)

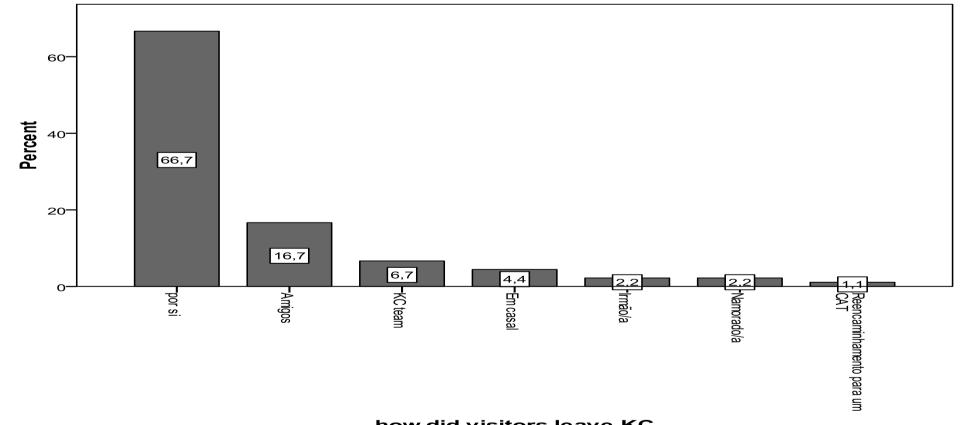
Departure Visitor Feedback Form (Departure) by Research Assi. Visitor Report/Departure (by sitter)

Staff feedback Form

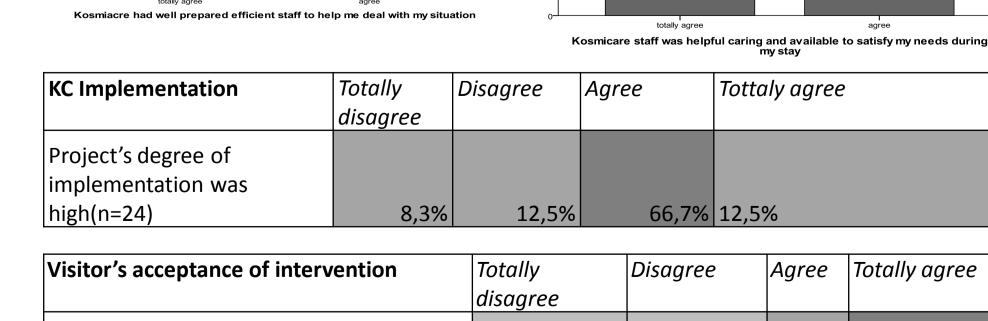
After Intervention

(by team members) Up to 2 months after intervention (e-mail)

Was Kosmicare intervention appropriate for targets' needs?



how did visitors leave KC



Visitor's acceptance of intervention	Totally	Disagree	Agree	Totally agree
	disagree			
Was positive. (n=33)	3%	3%	30,3%	63,6%
	Totally	Disagree	Agree	Totally agree
	disagree			
KC was effective achieving its goals. (n=31)	0%	0%	61,3%	38,7%
KC is relevant. (n=32)	0%	0%	18,2%	81,8%
KC is able to satisfy intervention's needs				
(n=31)	0,0%	12,9%	71,0%	16,1%

Tables 4 and 5. Team perception of intervention efficacy

Was intervention regularly and intensively offered?

Festival Day	Freq	%	
19	6	4,6%	
2º	23	17%	
3º	30	23%	
49	11	8,5%	
5º	9	6,9%	
6º	11	8,5%	
7º	25	19,2%	
85	8	6,20%	
Total	123	94,6%	
Table 6. Nr. Of visitors per			

intervention day

Shift	Freq	%
07:00 to 15:00	33	25,4%
15:00 to 23:00	51	39%
23:00 to 07:00	42	32%
Total	N=126	96,9%

Table 7. Nr of visitors per intervention shift

Permanency	Frequencies	%	
1 a 5 hours	49	52,70%	
6 a 10 hours	18	19,40%	
11 a 15 hours	12	12,90%	
16 a 20 hours	2	2,20%	
21 a 25 hours	7	7,50%	
26 a 37 hours	4	4,30%	
65 a 75 hours	1	1,10%	
Total	93	100,00%	

Table 8. Nr of hours per intervention target

How was team satisfaction with the project? (themes)

	S	W	O	T
Satisfaction w/ working conditions	KOSMICARE Dome	Food Location Safety	Improve Structure	Safety problems Demotivation Fatigue/Exhaustio n
Satisfaction w/ project implementation	Efficacy; Space (KC Dome)	Location Paramedics	Expansion Climate in the Team Learning	Psychiatric situations
Satisfaction w/ project team	Commitment Diversity Competence Cohoperation Motivation	Coordination Poor human resources management	Promote Cohesion	Improve articulation w/ partners in the field
Satisfaction w/ Festival Organizers	Festival Production	Safety Location Support to KC	Change Location Increase Divulgation	Safety problems Depreciation.